Letter from the Chair

Dear Friends,

The mission of the Department of Dermatology is “Sustained leadership in scientific investigation, patient care, and in training future leaders of our specialty in an environment that fosters creativity and synergy”. One of the measures of success in scientific investigation is successful research funding. The Department of Dermatology’s success in obtaining research funding during the academic year September 2008 through August 2009, ranks us 6th out of the 18 clinical departments in the School of Medicine at Stanford. Our total externally-sponsored research dollars for this time period was $9,931,455. Only the Departments of Medicine, Pediatrics, Radiology, Psychiatry, and Pathology obtained more funding than we did during this time period. Each of these five departments is many times larger than we are in total faculty. In fact, we probably rank about 16th in size among the 18 clinical departments.

This research success has flowed from a community that fosters creativity and synergy. Maintaining that community is imperative as we confront the challenges of the future in healthcare reform, improved therapies, and improved methods of education and evaluation. Expansion of our clinical space has allowed us to expand our excellence in patient care and education, and has given us more opportunities to translate the research knowledge we have generated, into better therapy for patients with skin diseases. The additional faculty and trainees described in this newsletter will help now and into the future with our mission.

The support of our larger community of graduates and local friends is also extremely important for our success in the future. Much of our research success was incubated by gifts from donors who valued our work. Their contribution to these initial ideas developed the preliminary data which served as the foundations for our research grant applications, and led to our subsequent success. Continued support now and into the future from all of you, who have benefited from your relationship with Stanford Dermatology, will greatly help us on our journey to expand our leadership in scientific investigation, patient care, and in training future leaders.

Sincerely,

Al Lane

Important Dates

Oct 21, 2009 ................................. SF Dermatological Society Reed Lectureship - Speaker- Paul Khavari, MD, PhD. San Francisco, CA
Oct 22, 2009 ................................. Rodan & Fields Lecture, Gary Wood, MD .......................... Redwood City, CA
          “Apoptotic Abnormalities in CTCL”, 7:30am
Oct 27, 2009 ................................. Guest lecturer, Sam Hwang, MD., PhD............................. Redwood City, CA
          “Th17 Cells, CCR6, and psoriasis”, 7:30am
Jan 9 & 12, 2010 ............................ Resident Interviews ......................................................... Redwood City, CA
Mar 4, 2010 ................................. Society for Pediatric Dermatology 22nd Annual Pre-AAD Meeting. Miami, FL
Mar 5-9, 2010 ................................. American Academy of Dermatology 68th Annual Meeting ........... Miami, FL
May 5-8, 2010 ................................. Society for Investigative Dermatology 70th Annual Meeting ......... Atlanta, GA
Stanford Dermatology Welcomes its New Residents

Kait Arefiev, MD.

My journey started in England where I lived until 2000. I headed westwards across the pond and attended the University of Texas at Austin, then Jefferson Medical College in Philadelphia. After internship, I spent a year working with Dr. Fiorentino as his cutaneous autoimmunity fellow. I hope to continue my work in designing and conducting clinical trials throughout residency and beyond. I am extremely fortunate that my destination is here at Stanford where I am discovering the complex and intriguing intricacies of dermatology with an incredible group of co-residents!

Paru Chaudhari, MD.

I was born and raised in San Jose and headed south to UCLA for college. I graduated with a BA in Economics but realized that my true interest was in medicine. The following year I applied to medical school, and spent some of my free time traveling and working at Nordstrom’s…pretty much for the discount. I then moved to New York for medical school and internship at Mount Sinai School of Medicine, where I have been the last 6 years. Between my 3rd and 4th years of medical school, I was fortunate enough to be granted a Doris Duke Clinical Research Fellowship where I solidified my interest in Dermatology. I was extremely thrilled when I matched Stanford. I am very excited to be back in the bay area and feel fortunate to be surrounded by such wonderful and intelligent people! Outside of work, I enjoy reading, running, hockey…and sleep!

Brent Kirkland, MD.

I grew up in Ohio and attended college at The University of Dayton (go Flyers!). I then moved to Cleveland for medical school at Case Western Reserve University. In Cleveland, I became an avid Cleveland sports fan and developed an interest in shaping medical education. I spent my intern year in Dayton, Ohio, close to my family and had an amazing year. The highlight of my intern year was my month abroad in Zambia. Aside from my interest in traveling, I really enjoy sports. I ran my first marathon this last year and am hoping to do it again soon. I’m already enjoying my time in California and am looking forward to the next few years here at Stanford.

Bernice Kwong, MD.

I grew up in South Pasadena, California and moved to the Bay Area for college at UC Berkeley, where I studied English and Molecular & Cell Biology. After college, I ventured east and spent seven wonderful years in Connecticut, where I met my husband Chris, graduated from Yale medical school, and had our baby-girl Ashley, who is named after the ice cream shop in Connecticut where Chris and I had our first date. Despite all the blessings in Connecticut, I could not handle 7-month-long winters or getting heckled for wearing SF Giants jerseys to Mets games anymore. My heart has always been in California, and I am so happy for this opportunity to be here at Stanford Dermatology!

Daniel Navi, MD.

I grew up in Iran and immigrated to the US with my family when I was 13. California has been my home since then and I’ve lived up and down the coast for various stages of my education. I came to Stanford about 2 years ago for cutaneous lymphoma fellowship under the mentorship of Dr. Youn Kim. The 2 year fellowship was an awesome and unique experience and I got to know many of the incredibly talented and dedicated faculty and staff here at Stanford Dermatology. I truly love the Bay Area and am excited to spend at least 3 more years here in training with my awesome co-residents!

Kavita Sarin, MD.

I grew up in Los Angeles but have spent the last 13 years in the Bay Area so consider myself more of a Northern California native. I attended Stanford undergraduate where I obtained a degree in Computer Science and met my (now) husband, Dan. After finishing, I stayed at Stanford another eight years and completed an MD and PhD in Genetics. My research focused on understanding the role of telomerase in determining stem cell fate. I then left Stanford briefly for my intern year at Santa Clara Valley Medical Center (a whole 10 miles away). I am thrilled to be back at Stanford and part of such a vibrant dermatology community. When I’m not at work, I’m usually chasing after my 17 month old son Kyle.

Bryan Sun, MD.

I was born in Madison, Wisconsin, and my family relocated several times to progressively warmer climates, landing us ultimately in Honolulu, Hawaii. I attended Harvard Medical School as part of the MD/PhD program, with my research focused on epigenetics and X-chromosome inactivation. This led me to discover cutaneous mosaicism and ultimately dermatology as a field to keep pursuing my clinical and research interests. I used to have an amateur side career in community theater and independent filmmaking, but now I spend my spare time with my daughter, Natalie, and my wife, Grace, and we try to keep the theatrics to a minimum.
Farah Abdulla, MD., Cutaneous Lymphoma
I attended the combined BS/MD program at Northeastern Ohio Universities College of Medicine in Rootstown, Ohio. After that, I did a preliminary internal medicine year, a dermatology residency, and a dermatopathology fellowship at the University of Cincinnati. If I am not in Northern California, I usually visiting my husband in Southern California or my family in Ohio.

Sarah Scott Chisolm, MD, MPH, Cutaneous Autoimmunity
I am a new postdoctoral fellow working with Dr. Fiorentino this year, and I’m thoroughly enjoying being in the Bay area, as well as getting to know all my new colleagues. I’m originally from Tennessee but came to the University of North Carolina, Chapel Hill for college, and stayed for medical school as well as my internship in Internal Medicine and for the Master’s program in Public Health, so I like to think of myself as Tarheel born and bred—especially during basketball season! I majored in economics as an undergraduate and worked after I graduated on a trading floor pricing foreign currency derivatives, but ultimately decided to return to medical school. After I finish my year of research here, I plan to return to North Carolina to complete a dermatology residency at East Carolina University. I love to run, read, hike, paint, explore San Francisco, cook sans recipes, and listen to music, but my newest hobbies (i.e. newly signed up for since moving here) include violin, rock climbing, and mountain biking—please ask me about them because that will embarrass me into practicing. I look forward to working with all of you!

Cameron Harrison, MD., Cutaneous Lymphoma
I have lived my entire life in Colorado - undergraduate at the University of Colorado, Medical School at CU, and my medical internship at CU - so it took an incredible opportunity to entice me to move from my home state. It has been a great move, and I really enjoy working with Dr. Youn Kim and multidisciplinary cutaneous lymphoma team as a fellow. If I’m not a work, I’m probably hiking, running, backpacking, or photographing the amazing sites surrounding the Bay.

Glenda Swetman, MD., Pediatric Dermatology
I grew up in Louisiana, went to Benjamin Franklin High School in New Orleans and attended UCLA where I earned my undergraduate degree. I graduated from Louisiana State Medical School in New Orleans and recently completed my dermatology residency at Tulane University. I am exceedingly excited to be here as the pediatric dermatology fellow and feel fortunate to be working with such an amazing group of bright and energetic people. I also enjoy playing with my dogs, hiking and finding great eats.

Steven Knezevich, MD., Dermatopathology
Steven completed his residency in Anatomic and Clinical Pathology at Washington University in St. Louis, Missouri, as well as a Surgical Pathology Fellowship.

Kathie Huang, MD., Clinical Instructor of Dermatology
Dr. Huang was raised in New Jersey and attended Massachusetts Institute of Technology where she earned a BS in biology. She then graduated from Stanford University for medical school and dermatology residency where she served as a chief resident. Dr. Huang enjoys all aspects of general dermatology practice and has a clinical focus on hair loss disorders. She derives particular gratification from teaching residents and is excited to join the faculty at Stanford.

New Faculty Members
Latanya Benjamin, MD., Clinical Assistant Professor of Dermatology and Pediatrics, Lucile Packard Children’s Hospital
Dr. Benjamin received her Medical Doctor degree from MCP Hahnemann (Drexel) University School of Medicine in Philadelphia. She then entered a pediatric residency, followed by a dermatology residency at Jackson Memorial Hospital/University of Miami. Next, she completed a postdoctoral pediatric dermatology fellowship at Northwestern University’s Feinberg School of Medicine in Chicago, Illinois. Her special interests include pediatric laser and skin surgery, vitiligo and other pigmentary disorders, and genodermatoses that affect the hair and nails. Her research interests include childhood psoriasis and alopecia areata. Dr. Benjamin has a committed interest in teaching pediatric dermatology and is looking forward to contributing works as faculty at Stanford.

New Fellows
Chief Resident’s Corner

Welcome to the 2009-2010 academic year! We have successfully settled into our new home in Redwood City and are enjoying the beautiful facilities. With the expansion of our clinic and not to mention the faculty, seven first years have been added to our already enthusiastic group of residents: Bernice, Brent, Bryan, Daniel, Kait, Kavita and Paru. Please welcome each of them. Thank you to all the core faculty, volunteer faculty and residents for making Grand Rounds first class at our leading institution. They are beneficial for the patients as well as a tremendous learning experience for the attendees. All are encouraged to bring patients with diagnostic or treatment dilemmas. As a reminder, Grand Rounds are now held at Santa Clara Valley Medical Center in the dermatology clinic the first Thursday of every month and at the Stanford Outpatient Center the remaining weeks.

We are honored to have the following guest speakers at Stanford North Campus in Redwood City. Everyone is welcome to attend:

- Gary Wood, MD, Chairman of Dermatology at University of Wisconsin, the Rodan & Fields lecturer, will give a lecture entitled “Apoptotic Abnormalities in CTCL” on Thursday, October 22nd at 7:30am.

- Sam Hwang, MD, PhD, Chairman of Dermatology at Medical College of Wisconsin, will be giving a lecture entitled “Th17 Cells, CCR6, and psoriasis” on Tuesday, October 27th at 7:30am.

- Dr. Karla Muñoz, Chief Resident

New Fellows, continued

Jeffrey Zwerner, MD, PhD., Dermatopathology

Dr. Jeffrey Zwerner was born in Terre Haute, IN, the second of five children. After finishing high school he attended Washington University in St. Louis. There he majored in Biology, got addicted to Jazz and Blues music and met his now wife Barbara. He then went on to complete both my MD/PhD and internal medicine internship at the University of Alabama at Birmingham. He completed his dermatology residency at Stanford and just finished a year as Clinical Instructor.

Pigmented Lesion and Melanoma Program Update and Trials

Susan Swetter, MD, Director

New Melanoma Program Members:
Please welcome our new Pigmented Lesion and Melanoma Program nurse coordinator, Lori Woodard, RN, BSN. Lori is replacing Jocelyn Malott, RN, RNP, who is joining a surgical practice at Stanford as their nurse practitioner. Lori comes to Stanford with a strong background in dermatology nursing. Please see Lori’s bio below for contact information.

Melanoma Surgery, Stanford Cancer Center:
We have a new complement of melanoma surgeons who perform sentinel lymph node biopsies for melanoma staging as well as resection of more advanced disease. These Stanford surgeons include Dr. Jeffrey Norton, Professor of Surgery, Chief, Surgical Oncology and General Surgery; Dr. Ralph Greco, Professor of Surgery/General Surgery; Dr. Mike Yao, Associate Professor, Otolaryngology/Head & Neck Surgery (ENT); and Dr. Subhro Sen, Clinical Assistant Professor, Plastic and Reconstructive Surgery. We are delighted with the expansion of our melanoma surgery program to supplement Dr. Hayes Gladstone and other dermatologic surgeons who perform cutaneous melanoma surgery at Stanford.

New and Ongoing Melanoma Trials:
We continue to accrue patients for our NCI-sponsored melanoma chemoprevention Phase II Trial of Oral Sulindac in Patients with Atypical Nevi. Please contact Dr. Swetter at 650-852-3494 to discuss patient eligibility or for any questions related to the trial.

ECOG 2607: Phase II Trial of Dasatinib in Patients with Unresectable Locally Advanced or Stage IV Mucosal, Acral and Solar Melanomas. Preclinical and clinical data support the hypothesis that KIT inhibition is a rational therapeutic consideration in patients with acral melanoma, mucosal melanoma, or cutaneous melanoma with evidence of chronic sun damage. Please contact melanoma oncologist Dr. Sunil Reddy at 650-736-1234 with any questions related to this study.

Introducing: Lori Woodard, RN., BA, BSN – Pigmented Lesion & Melanoma Clinics
I am delighted to have recently joined the Pigmented Lesion and Melanoma Clinics as the program’s Nurse Coordinator. I have worked at Stanford Cancer Clinic as a Surgical Nurse Coordinator for the breast cancer program. I spent 8 years at Ohio State University James Cancer Hospital and Solove Research Center in ENT medical oncology and Mohs surgical oncology and reconstructive surgery. In addition, I have 10 years experience in private practice general and surgical dermatology. I can be reached at 650-725-3165 or by email: LWoodard@stanfordmed.org for patient-related questions. For new patient referrals, please call our new patient coordinator, Deborah Kelly at 650-723-5400.
Hayes B. Gladstone, MD., Director of Stanford’s Division of Dermatologic Surgery, led a team of 15 volunteer dermatologic surgeons, nurses, histotechnicians as well as the department’s media chief, Mark Yamaguma, on a surgical mission to Athens, Greece in late June. Although Greece has an advanced medical system, there are no Mohs surgeons in the country. The trip which was sponsored by the Blade and Light Society, performed consultations, Mohs surgery and reconstructions on approximately 30 patients. They were treated at the Evangelismos Hospital, the largest public hospital in the Balkans. The patients traveled from all over the country to be treated. The team collaborated with the Hellenic Society of Dermatologic Surgery on a CME course that focused on Mohs Surgery and reconstruction. One of the highlights of the trip was a dinner generously hosted by Drs. Dimitri and Athena Linos, parents of current Stanford dermatology resident Eleni Linos.

Stanford’s Department of Dermatology is a leader in the treatment of skin disease. Department researchers and clinicians are actively involved in cutting edge study to understand the world’s most pressing diseases. To maintain our leadership role in investigating and curing skin disease we are undertaking a comprehensive and multidisciplinary research initiative to foster new technologies, new perspective and new treatments. In an era of reduced government funding and increasingly competitive university recruitment, we need your support and involvement to carry this important work forward.

Here are some of the ways you can make your tax deductible gift to the Dermatology Department and make a difference: outright gifts; pledges; planned giving, gifts of securities, bequests, tribute gifts, and matching gifts. Also consider endowed funding as well as seed support to underwrite a Professorship or Faculty Scholar Fund, or perhaps a Postdoctoral Fellowship. There are many critical areas of opportunity where your contribution counts. For further information contact Dr. Al Lane at alfred.lane@stanford.edu or Kimberly Booth, (650) 234-0673, or Will Davis, (650) 234-0624, in the Office of Medical Development. Email: kimberly.booth@stanford.edu, or will.davis@stanford.edu

Make a difference today!
Support Stanford’s Department of Dermatology